# **Complete Summary**

#### **TITLE**

Depression: percent of eligible patients screened annually for depression and if positive PHQ-2 or PHQ-9 result or affirmative response to Question 9, who have suicide risk evaluation completed within 24 hours.

## SOURCE(S)

Office of Quality Performance. FY 2009, Q2 technical manual for the VHA performance measurement system. Washington (DC): Veterans Health Administration; 2009 Jan 5. various p.

# **Measure Domain**

#### PRIMARY MEASURE DOMAIN

**Process** 

The validity of measures depends on how they are built. By examining the key building blocks of a measure, you can assess its validity for your purpose. For more information, visit the Measure Validity page.

#### SECONDARY MEASURE DOMAIN

Does not apply to this measure

#### **Brief Abstract**

## **DESCRIPTION**

This measure is used to assess the percent of eligible patients screened annually for depression AND if positive 2-item Personal Health Questionnaire (PHQ-2) or 9-item Personal Health Questionnaire (PHQ-9) result or affirmative response to Question 9 (PHQ-9), who have suicide risk evaluation completed within 24 hours.

#### **RATIONALE**

Depressed medical patients have increased disability, healthcare utilization, and mortality from suicide and other causes, as well as reduced productivity and health-related quality of life. Patients who screen positive for depression should be interviewed to determine the presence of risk factors that would indicate a need for urgent intervention. Foremost in this process is an explicit evaluation for the presence of suicidal ideation. After an evaluation of screening results and a

discussion with the patient, the provider can decide whether the patient may benefit from urgent intervention and/or further specialized mental health evaluations. Patients with positive screens may be referred, depending on availability, to specialized treatment, behavioral medicine, or more general mental health services for further evaluation and possible treatment. Prompt evaluation of potentially suicidal patients by individual clinicians is imperative and requires knowledge of the following: risk factors for suicide, skill in establishing a rapport with an extremely distressed patient, and clinical experience in evaluating the degree of risk. The first step in this process is the adequate screening of the most at-risk population.

#### PRIMARY CLINICAL COMPONENT

Depression; suicide risk evaluation

#### **DENOMINATOR DESCRIPTION**

Patients from NEXUS cohort screened annually for depression and a positive result indicative of depression on the 2-item Personal Health Questionnaire (PHQ-2) or 9-item Personal Health Questionnaire (PHQ-9) screen or affirmative response to Question 9 (PHQ-9) in the medical record (see the related "Denominator Inclusions/Exclusions" field in the Complete Summary)

#### NUMERATOR DESCRIPTION

Patients screened annually for Depression and a positive result indicative of depression on the 2-item Personal Health Questionnaire (PHQ-2) or 9-item Personal Health Questionnaire (PHQ-9) screen or affirmative response to Question 9 (PHQ-9) in the medical record, with suicide risk evaluation completed within 24 hours (see the related "Numerator Inclusions/Exclusions" field in the Complete Summary)

## **Evidence Supporting the Measure**

## **EVIDENCE SUPPORTING THE CRITERION OF QUALITY**

- A clinical practice guideline or other peer-reviewed synthesis of the clinical evidence
- One or more research studies published in a National Library of Medicine (NLM) indexed, peer-reviewed journal

## **Evidence Supporting Need for the Measure**

#### **NEED FOR THE MEASURE**

Unspecified

## **State of Use of the Measure**

#### **STATE OF USE**

Current routine use

#### **CURRENT USE**

External oversight/Veterans Health Administration Internal quality improvement

## **Application of Measure in its Current Use**

#### **CARE SETTING**

Ambulatory Care Behavioral Health Care Physician Group Practices/Clinics

## PROFESSIONALS RESPONSIBLE FOR HEALTH CARE

Advanced Practice Nurses
Physician Assistants
Physicians
Psychologists/Non-physician Behavioral Health Clinicians
Social Workers

## LOWEST LEVEL OF HEALTH CARE DELIVERY ADDRESSED

Single Health Care Delivery Organizations

## **TARGET POPULATION AGE**

Unspecified

## **TARGET POPULATION GENDER**

Either male or female

## STRATIFICATION BY VULNERABLE POPULATIONS

Unspecified

## **Characteristics of the Primary Clinical Component**

## INCIDENCE/PREVALENCE

Unspecified

## **ASSOCIATION WITH VULNERABLE POPULATIONS**

Unspecified

#### **BURDEN OF ILLNESS**

See the "Rationale" field.

#### **UTILIZATION**

Unspecified

#### COSTS

Unspecified

**Institute of Medicine National Healthcare Quality Report Categories** 

## **IOM CARE NEED**

Getting Better Staying Healthy

#### **IOM DOMAIN**

Effectiveness Timeliness

## **Data Collection for the Measure**

## **CASE FINDING**

Users of care only

#### **DESCRIPTION OF CASE FINDING**

Patients from NEXUS cohort\* screened annually for depression and a positive result indicative of depression on the 2-item Personal Health Questionnaire (PHQ-2) or 9-item Personal Health Questionnaire (PHQ-9) screen or affirmative response to Question 9 (PHQ-9) in the medical record

## **DENOMINATOR SAMPLING FRAME**

Patients associated with provider

## **DENOMINATOR INCLUSIONS/EXCLUSIONS**

<sup>\*</sup>Refer to the original measure documentation for patient cohort description.

#### **Inclusions**

Patients from NEXUS cohort\* screened annually for depression and a positive result\*\* indicative of depression on the 2-item Personal Health Questionnaire (PHQ-2) or 9-item Personal Health Questionnaire (PHQ-9) screen or affirmative response\*\*\* to Question 9 (PHQ-9) in the medical record

\*\*Positive PHQ-2 screening: Maximum possible score on the PHQ-2 is 6, and a screen is considered positive if the score is 3 or greater.

Positive PHQ-9 screening: Maximum possible score on the PHQ-9 is 27, and a screen is considered positive if the score is 10 or greater. The PHQ-9 tool depression screen outcomes/results suggestive of moderate (greater than or equal to 10 and less than 15), moderate severe (greater than or equal to 15 and less than 20), or severe depression (greater than or equal to 20) results will be considered positive.

\*\*\*Affirmative response on Question 9 of the PHQ-9: Answering Question 9 of the PHQ-9 -- Thoughts that you would be better off dead, or of hurting yourself in some way **with** response 1 (Several days), 2 (More than half the days), or 3 (Nearly every day) regardless of total PHQ-9 score.

#### **Exclusions**

Unspecified

#### RELATIONSHIP OF DENOMINATOR TO NUMERATOR

All cases in the denominator are equally eligible to appear in the numerator

## **DENOMINATOR (INDEX) EVENT**

Clinical Condition
Diagnostic Evaluation
Encounter

#### **DENOMINATOR TIME WINDOW**

Time window precedes index event

#### **NUMERATOR INCLUSIONS/EXCLUSIONS**

#### Inclusions

Patients screened annually for depression and a positive result indicative of depression on the 2-item Personal Health Questionnaire (PHQ-2) or 9-item Personal Health Questionnaire (PHQ-9) screen or affirmative response to Question 9 (PHQ-9) in the medical record, with suicide risk evaluation\* completed within 24 hours

#### \*Note:

• Suicidal Risk Evaluation: A Suicide Risk Evaluation requires that the clinician be capable of assessing risk factors for suicide, be skilled in establishing a therapeutic rapport with distressed patients, and possess clinical aptitude for evaluating potential suicide risk. There is no standardized tool required for

<sup>\*</sup>Refer to the original measure documentation for patient cohort description.

this evaluation. However, the provider must document that an evaluation of the patient's suicide risk was completed. A suicide risk evaluation includes an appraisal of the patient's subjective experience (ideation, wish, plan, and intent) and behaviors (warning signs). Providers may find the following tools helpful in evaluating suicidal ideations and behaviors. Useful tools include but are not limited to Clinical Reminders, the VHA Pocket Card (prompts for evaluation and documentation) or guidance developed by the VHA Clinical Practice Guidelines group and/or Joint Commission which is are consistent with the American Psychiatric Association Practice Guideline for the Assessment and Treatment of Patients with Suicidal Behaviors.

 Suicide risk evaluation when required is best done immediately upon completion of screening, as part of a seamless process. Completion within 24 hours is desired, but, for measurement purposes, completion by the end of the next calendar day will be accepted.

Refer to the original measure documentation for additional details.

#### **Exclusions**

Unspecified

# MEASURE RESULTS UNDER CONTROL OF HEALTH CARE PROFESSIONALS, ORGANIZATIONS AND/OR POLICYMAKERS

The measure results are somewhat or substantially under the control of the health care professionals, organizations and/or policymakers to whom the measure applies.

#### **NUMERATOR TIME WINDOW**

Fixed time period

#### **DATA SOURCE**

Administrative data Medical record

#### LEVEL OF DETERMINATION OF QUALITY

Individual Case

#### PRE-EXISTING INSTRUMENT USED

- 2-item Personal Health Questionnaire (PHQ-2)
- 9-item Personal Health Questionnaire (PHQ-9)

## **Computation of the Measure**

#### **SCORING**

Rate

## **INTERPRETATION OF SCORE**

Better quality is associated with a higher score

## **ALLOWANCE FOR PATIENT FACTORS**

Unspecified

#### STANDARD OF COMPARISON

Internal time comparison

# **Evaluation of Measure Properties**

#### **EXTENT OF MEASURE TESTING**

Unspecified

# **Identifying Information**

#### **ORIGINAL TITLE**

Suicide risk evaluation following positive annual depression screen.

## **MEASURE COLLECTION**

<u>Fiscal Year (FY) 2009: Veterans Health Administration (VHA) Performance Measurement System</u>

## **MEASURE SET NAME**

Mission Critical Measures

## **MEASURE SUBSET NAME**

Screening

## **DEVELOPER**

Veterans Health Administration

## **FUNDING SOURCE(S)**

Unspecified

#### COMPOSITION OF THE GROUP THAT DEVELOPED THE MEASURE

Unspecified

## FINANCIAL DISCLOSURES/OTHER POTENTIAL CONFLICTS OF INTEREST

Unspecified

#### **ADAPTATION**

Measure was not adapted from another source.

#### **RELEASE DATE**

2007 Oct

#### **REVISION DATE**

2009 Jan

#### **MEASURE STATUS**

This is the current release of the measure.

This measure updates a previous version: Office of Quality and Performance (10Q). FY 2008, Q1 technical manual for the VHA performance measurement system. Washington (DC): Washington (DC); 2007 Oct 31. 315 p.

# SOURCE(S)

Office of Quality Performance. FY 2009, Q2 technical manual for the VHA performance measurement system. Washington (DC): Veterans Health Administration; 2009 Jan 5. various p.

## **MEASURE AVAILABILITY**

The individual measure, "Suicide Risk Evaluation Following Positive Annual Depression Screen," is published in "FY 2009, Q2 Technical Manual for the VHA Performance Measurement System."

For more information contact:

Department of Veterans Affairs Office of Quality and Performance (10Q)

ATTN: Lynnette Nilan, E-mail: <a href="mailto:lynnette.nilan@va.gov">lynnette.nilan@va.gov</a> or Tammy Czarnecki, E-mail: <a href="mailto:tammy.czarnecki2@va.gov">tammy.czarnecki2@va.gov</a>

# **NQMC STATUS**

This NQMC summary was completed by ECRI Institute on May 9, 2008. The information was not verified by the measure developer. This NQMC summary was updated by ECRI Institute on December 1, 2009. The information was verified by the measure developer on March 22, 2010.

#### **COPYRIGHT STATEMENT**

No copyright restrictions apply.

#### Disclaimer

## **NQMC DISCLAIMER**

The National Quality Measures Clearinghouse™ (NQMC) does not develop, produce, approve, or endorse the measures represented on this site.

All measures summarized by NQMC and hosted on our site are produced under the auspices of medical specialty societies, relevant professional associations, public and private organizations, other government agencies, health care organizations or plans, individuals, and similar entities.

Measures represented on the NQMC Web site are submitted by measure developers, and are screened solely to determine that they meet the NQMC Inclusion Criteria which may be found at

http://www.qualitymeasures.ahrq.gov/about/inclusion.aspx.

NQMC, AHRQ, and its contractor ECRI Institute make no warranties concerning the content or its reliability and/or validity of the quality measures and related materials represented on this site. The inclusion or hosting of measures in NQMC may not be used for advertising or commercial endorsement purposes.

Readers with questions regarding measure content are directed to contact the measure developer.

Copyright/Permission Requests

Date Modified: 5/3/2010

